



La Vernia United Methodist Church

October 2011



The La Vernia Community is welcome. Bring a neighbor or a friend
 Hosted by La Vernia UMC
 5 pm-8 pm
 Oct 31st
 Family Life Building




A box will be placed in the foyer to begin collecting bags of candy. Please help us with this need. We also need cakes and cookies donated for the Cake Walk. We are expecting a large crowd.

**ALL
 ACTIVITIES
 ARE FREE!!!**

**GAME
 BOOTHS
 COSTUME
 CONTEST
 CAKE WALK
 PRIZES GIVEN**

LAITY SUNDAY
 Sunday, October 16th is Laity Sunday. We are fortunate to have the message brought to us a member of our congregation at the 8:30 service and by Jeff Bowers at the 11 am service.

 Have you noticed the and the church concerning our new AED device? This is a new life-saving defibrillator purchased and donated by the Twice Blessed Thrift ministry. Cheryl Cardenas, Wesley Nurse will be offering training on this device on Wednesday October 19th at 9 am. Remember you never know when you might have to save a life.

ANNUAL MINISTRY FAIR
 Family Life Building
 La Vernia United Methodist Church
 9:45 AM, Sunday, October 23, 2011
 Visit tables with people involved in the various ministries at our church. Learn more about each one of them and volunteer to participate in the ones you feel led to by God. Those who want to have a display table, please contact Don Miller or Richard Good.



GIVING AND RECEIVING GENEROUSLY

“Seek first the kingdom of God and His righteousness and all these things will be given unto to you as well.” Matthew 6:33

Christians, individually and collectively, must continuously decide on priorities.

Long ago our heavenly Father revealed His priority in a personal relationship with humanity by becoming like one of us in His son Jesus Christ who showed us how to love God and one another. In the scripture above Jesus challenges us to reciprocate that love in making the kingdom of God our highest priority. When we do that we will experience the giving and receiving generously.

We began the year of 2010 with an accumulated deficit of \$19,000.00. While that was a big concern we chose to stay focused on our identity as the Body of Christ and our purpose as defined by our Vision and Mission Statements: “To love God, self & YOU” and “To serve, share and offer Christ.” We began by looking at a long term process of faithful stewardship of our all our resources; not just money, but ministry and mission. We developed a plan to educate our congregation continuously about giving and receiving generously. We intentionally addressed the accumulated \$19,000.00 deficit during 2010. Thanks to the generosity of many of our members and an end of the year donation from the Child Care Ministry, the deficit was erased. We began 2011 with no deficit.

The recent formation of our Permanent Endowment Fund Committee is the result of prayer and consultation with rep’s from the Texas Methodist Foundation to prepare us to receive large donations from generous friends who are inspired by God to make such donations. Several went to a training seminar on September 17 and the PEF Committee will meet with Linda Murdock from Texas Methodist Foundation on October 18 for additional training. During the Month of October we will continue the education and inspiration toward giving and receiving generously. We began this month with a training seminar for individuals and families called “Freed Up Financial Living” led by Ed Engelking from Texas Methodist Foundation. On Sunday Oct. 9 Pastor Cyndi will preach on “When Dreams Become Nightmares.” On Oct. 16 Lay Leaders will preach on “Wisdom and Finance.” On Oct. 23 I will preach on “Cultivating Contentment.” We will also observe our Consecration Sunday with estimate of giving cards received. During the Sunday School hour we will sponsor our annual Ministry Fair in the Family Life Building to share about all the many ministries we have and allow any who want to volunteer.

Recently our District Superintendent shared with some of us during our annual Charge Conference how he brags on the many ministries in which we are involved at La Vernia UMC. We hope and pray God is moving you to become more involved in the joy of giving and receiving generously

SHALOM! Pastor Harry

A Harvest to Help

This month we are focusing on the concept of **ENOUGH!** Most of the time we focus on what we don’t have. It can be a downward emotional spiral of what more we need, what more we want, and the resulting frustrations and anxiety that inevitably follow.

So....I’m wondering if we can focus this month on the reality that our closets, pantries, garages and storage bins have more than ENOUGH to clutter our lives. What would happen if each and every family in our church would glean their own *Harvest to Help* others? Our wonderful Twice Blessed Ministry not only provides great items for those in need throughout our community, but they in turn donate to ministries in our church and across our region.

The plan is simple and biblical as well. If you have shirts, dresses, slacks or jeans that you haven’t worn in at least three years – why are you letting them

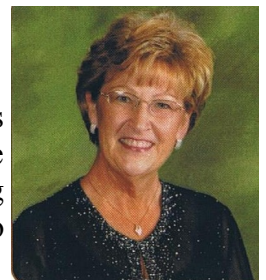
hang in your closet? If you have toys that your children played with five years ago and they are still cluttering your home or garage – isn’t it time to reclaim some much-needed space?

If you have items in a storage bin that you pay rent to hold safely – yet you haven’t gone to visit your “stuff” for several months – do you think you could pass it along to someone who is in need? You might be able to rent a smaller space and help out your finances in the process.

It is a time for Harvest! We can purge, clean, downsize, and de-clutter our homes - - - and then share our abundance with others. I imagine you will find that you have MORE THAN ENOUGH to pass along.

Happy gleaning!

Blessings to you.....Pastor Cyndi



Ministries of our Church

Welcome New Members



Stephen & Christina Perez joined our church by transfer this past month. They have 2 sons, Jacob and Jonas.

Prayer Ministry

As everyone knows we've been praying for Valetta Wise since her injury. She is unable to continue her ministry of sending birthday wishes each month. She wanted to let everyone know that, in place of that, she will be praying for each person on their birthdays.

There are several booklets left from Charge Conference. If you are interested in the issues that were voted on you can pick one up in the church office.

WORSHIP SERVICES BRING MANY BLESSINGS



Donald, Trevor, and Dylan Lingerfelt were baptized in September.



Justin DeGraves was blessed and prayed for as he prepared to leave for the Marines.



Pastor Harry blessed Josh and Robin Scott's new son Lawson in September as his two brothers look on.

An Article From Your Wesley Nurse:

Drink Your Water



Ok, we all know how hot it's been and that we need to drink plenty of water to stay hydrated and healthy. Our bodies are 60% water and we need constant replenishment. When we sweat, as we do in this heat, we lose water. And some days, in this heat, it seems like we just can't get enough.

Again, the standard recommendation is to drink 8-8 oz glasses of water a day. That's a lot of water! And sometimes, if you're like me at work or on the road, we do not even think of taking the time to drink even one glass of water. I actually have a friend who says she "hates" water, yet will drink it quickly anyway to get it over with.

That got me thinking, if we made water taste better, we would probably want to drink more of it. Here are a few ideas I found.

Starting with 6 cups of cold, filtered water, you can try one of these:

¼ cup rosemary leaves and ½ a lemon, thinly sliced. Chill for 4 hours and serve over ice.

12 slices of cucumber, 4 slices of lime, and 4 sprigs of mint. Chill 4 hours and serve over ice.

½ orange, sliced and a small cinnamon stick. Chill for 4 hours. Strain and serve over ice.

¼ cup raspberries or other berries. Chill for 4 hours. Some lemon would be good there too.

¼ cup pineapple chunks (not canned) and 4 sprigs basil leaves.

1-1 inch piece of ginger root smashed. (Good for sore tummies.)

Experiment with what you like. If you like sparkling water, try that too. All of these herbs and fruits and vegetables lend their essences to the water and can provide cool, rejuvenating effects without adding sugar or calories.

Bottoms up!

Cheryl Cardenas RN

Emmaus Fourth Day Group Picnic

Bluebonnet Emmaus Fourth Day Group is sponsoring a family picnic on Saturday, October 15 at the LaVernia City Park pavilion from 11am to 4pm. This is a free event open to any individual or family that has ever been on a Walk to Emmaus or is interested in going on one in the future. Hamburgers and hot dogs will be provided and they are asking those who are coming to bring a side dish or dessert. You will also need to bring your own chairs and non-alcoholic beverages. There will be music and a small worship service as well as different activities throughout the day such as 3-legged races, sack races, volleyball, a washers contest and maybe even a bake-off. They would love to have your input on other ideas about activities that you want to include. Contact Ann Peterson (210-365-4662), Loyce Brickley (830-393-6586), or George Villegas (210-488-2500) with your suggestions. Please contact Christine Ikerd at christineikerd@hotmail.com or 210-860-1306 to RSVP for the picnic.

**SCRIPTURE & SERMON FOR
October 2011 at 8:30 & 11 AM**

Date: October 2 (Holy Communion)
Sunday: 16th Sunday after Pentecost
Title: Ruth the Foreigner
Scripture: Ruth 1:1 - 22
Preacher: Pastor Harry

ytDate: October 9
Sunday: 17th Sunday after Pentecost
Title: When Dreams Become Nightmares
Scripture:
Preacher: Pastor Cyndi

Date: October 16 (Laitly Sunday)
Sunday: 18th Sunday after Pentecost
Title: Wisdom & Finance
Scripture:
Preacher: _____ at 8:30 / Jeff Bowers at 11 AM

Date: October 23 (Consecration Sunday)
Sunday: 19th Sunday after Pentecost
Title: Cultivating Contentment
Scripture: Hebrews 13:5-6; 1 Timothy 6:17-19
Preacher: Pastor Harry

Date: October 30 (Youth Sunday)
Sunday: 20th Sunday after Pentecost
Title:
Scripture:

LA VERNIA UNITED METHODIST CHURCH

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Web Page: laverniaumc.org

SUNDAY MORNING WORSHIP: 8:30 & 11:00 AM

CHAPEL SERVICE: 11 AM

SUNDAY SCHOOL BEGINS: 9:45 AM

CHILDCARE MINISTRIES: 7 AM - 6:30 PM MON-THUR

CROSSFIRE YOUTH FELLOWSHIP: 6:30 PM WED.

BISHOP: JAMES DORFF

DISTRICT SUPERINTENDENT: Carl Rohlf

PASTOR: Harry Kahl

Associate Pastor: Cyndi Weidner

ADMIN. ASSISTANT: Kathy Balcar

YOUTH MINISTER: Javier Rios

FINANCIAL SECRETARY: Sandra Ingle

CHILDCARE DIRECTOR: Kim Bachman

Wesley Nurse: Cheryl Cardenas

Choir Director: Randy Cobb

**CHAPEL SERVICE
SCRIPTURE & SERMONS SEPTEMBER 2011**

Date: October 2 (Holy Communion)
"One Sacrifice"
Hebrews 10:1-14

Date: October 9
Laitly Sunday, Speaker Carol Dukes

Date: October 16
"It Sounded Like a Great Plan..."
Luke 15:11-24

Date: October 23
"Deciding What Defines Us"
Luke 12:13-21

Date: October 30
"Say What?"
James 1:19-27

Your Wesley Moment

Plain, easy rules for good health—John Wesley 1747. Here are just a few:



1. All pickled, or smoked, or salted food, and all high-seasoned, is unwholesome
2. For studious persons, about 8 oz. of animal food, and 12 oz of vegetable, in twenty-four hours, is sufficient.
3. Coffee and tea are extremely hurtful to those with weak nerves.
4. They ought constantly to go to bed about nine, and rise at four or five in the morning.

**The Vision Of LVUMC:
*To Love God, Self & You***

**The Mission Of LVUMC:
*To Serve, Share and Offer Christ***